

Holistic Empowerment of Undeserved Communities REG NO. 46/1998-99

# Annual Report 2023-2024















## **ORGANIZATION OF BIDAR INTERGRAL TRANSFORMATION (ORBIT)**

NH 65, Near Railway Station, Humnabad-585330 Bidar District, Karnataka, India

## **ORBIT Trust Board Members**



**Most. Rev. Robert Miranda**Bishop of Gulbarga Diocese
Managing Trustee of ORBIT



**Rev. Fr. Anil Victor Vas** Secretary, DIRECTOR of ORBIT



Rev. Fr. Santhosh Dias Advocate Trustee, ORBIT



**Rev. Fr. Stany Lobo**V G of Gulbarga Diocese
Dpty. Managing Trustee of ORBIT



**Rev. Fr. Frederick**Procurator of Diocese of Gulbarga
Trustee, ORBIT



**Sr. Reena D'Souza**Advocate
Trustee, ORBIT

## Bishop's Message

As we reflect on the 2023-24 year of the Organization of Bidar Integral Transformation - ORBIT, Humnabad, we celebrate a remarkable milestone - 30 years of dedicated service to the vulnerable communities of Bidar district. Our journey, which began three decades ago, has been one of deep commitment, growth, and transformation, always guided by our mission to uplift those most in need.



Over the years, ORBIT has remained steadfast in its focus on addressing the challenges faced by leprosy patients, individuals with disabilities, women, the mentally ill, and the underprivileged

youth of our district. Through initiatives such as skill-based empowerment programs for women and youth, we have equipped individuals with the tools they need to lead independent and dignified lives. Our efforts in environmental protection have further emphasized our belief in a holistic approach to development, recognizing the integral connection between the health of our planet and the well-being of our communities.

In addition, our programs in early intervention and early education have ensured that children at risk receive the support they need during their formative years, setting the foundation for a brighter future. We have also been on the frontline during natural calamities, and the challenges brought about by the Covid-19 pandemic tested our resilience and compassion in unprecedented ways. Yet, through it all, we were able to offer assistance to those in need, thanks to the unwavering dedication of our staff and volunteers.

None of this would have been possible without the tireless efforts of our Board of Trustees, our Director, and our committed staff members. Their selfless service has been the backbone of our organization, enabling us to continue serving the most marginalized with dignity and respect.

I also extend my heartfelt gratitude to all our donors and well-wishers, whose generous contributions and unwavering belief in our mission have allowed us to sustain and expand our work over the years. Your support has been invaluable in transforming the lives of countless individuals, and for that, we are deeply thankful.

As we move forward into another year of service, we remain committed to creating lasting, positive change in the lives of the vulnerable. Together, we will continue to strive towards a future where every individual in Bidar district can thrive in a just and compassionate society.

With gratitude and hope for the future,

Yours sincerely
+ Most Rev Robert Michael Miranda
President, Organization of Bidar
Integral Transformation Humnabad

## **Director's Message**

Dear Friends and Supporters,

We are immensely proud to present ORBIT's annual report for the year 2023-24, marking a significant milestone in our journey - 30 years of dedicated service to the community of Bidar. Guided by our vision of a transformed society based on equality, justice, and love, we reflect on our accomplishments and look forward to the challenges and opportunities ahead.

#### Our Vision

For three decades, ORBIT has been committed to fostering a society where every individual, regardless of background, enjoys equal opportunities, social justice prevails, and compassion guides our actions. Our work is grounded in the belief that sustainable development begins with empowering communities and individuals.

## **Our Impactful Initiatives**

**Women Empowerment:** Over the years, we have empowered countless women in Bidar through skill-building workshops, entrepreneurship training, and advocacy for gender equality. Our efforts have led to increased economic independence and improved social standing for women in our communities.

Community-Based Inclusive Development: We continue to champion inclusive growth strategies that ensure no one is left behind. By engaging with local communities, we have implemented projects that promote social cohesion and empower marginalized groups.

**Natural Resource Management:** ORBIT NGO remains steadfast in its commitment to preserving Bidar's natural resources. Through reforestation efforts, water conservation projects, and awareness campaigns, we strive to safeguard our environment for future generations.

**Skill Development:** Our comprehensive skill development programs have equipped youth and adults alike with the necessary tools to thrive in a competitive economy. From vocational training to digital literacy initiatives, we prepare individuals for sustainable livelihoods.

**Early Intervention and Early Education:** Investing in early childhood development has been a cornerstone of our approach. By providing quality early education and developmental support, we lay the foundation for lifelong learning and success.

**Mental Health Program:** Recognizing the importance of mental well-being, we have launched initiatives to raise awareness about mental health issues and provide accessible support services to those in need.

## **Gratitude and Recognition**

As we celebrate this milestone, we extend our deepest gratitude to our donors, partners, volunteers, and dedicated staff members who have been instrumental in ORBIT NGO's success.

Your unwavering support and commitment have enabled us to make a lasting impact in Bidar and beyond.

#### **Looking Ahead**

While we take pride in our achievements, we remain mindful of the challenges that lie ahead. Economic disparities, environmental degradation, and social injustices continue to demand our attention. Moving forward, ORBIT NGO is committed to leveraging our experience and expertise to address these challenges effectively.

#### Conclusion

In conclusion, as we embark on the next phase of our journey, ORBIT NGO reaffirms its dedication to creating a society where equality, justice, and love flourish. Together with our stakeholders and supporters, we are confident that we can build a brighter future for the communities we serve.

Thank you for your continued trust and partnership.

Warm regards,

**Fr. Victor Anil Vas**Director, ORBIT

# **ORBIT:** Promoting the sustainable development of marginalized communities...

Established in 1993, ORBIT (Organization of Bidar Integral Transformation) is a registered non-profit organization of Gulbarga diocese. It emerged as a response to the needs and problems of the marginalized and economically backward people of Bidar, Kalburgi, Vijayapura and Yadgir district. Presently, the organization works in over 800 villages of 8 taluqs in Bidar and Kalburgi.

Vision: A transformed society based on equality, justice and love

**Mission:** To facilitate the empowerment of the marginalized and uplift the economically backward people through participatory actions and capacity building with collaborative social actions leading to self-dignity and self-reliance.

#### Goals

- \* Enhanced dignity, quality of life and participation in local self-governance for socially and economically backward women through integrated development.
- \* Children enjoying a safe and secure environment exercising their Rights and accessing inclusive development.
- \* Upholding dignity of life and Mainstreaming Persons with disability and HIV by increasing access to opportunities and entitlements along with promotion of education, skills and leadership.
- Protection and sustainable management of Natural Resources by caring for Mother Earth.
- \* Self-sustained organization for Sustainable Development.

## **PROGRAMS**

- Women Empowerment Programme (WEP)
- ★ Women in Micro Enterprise (SAMRUDI)
- Navajeevana Community Based Re-integration of People with Mental Illness supported by Azim Premji Foundation
- \* Early Intervention & Early Education
- Navajeevana Community-Based Re-integration of People with Mental Illness supported by the Live Love Laugh Foundation
- \* SABALA Skill Development
- \* SPARSHA Cancer Awareness Program
- \* Special Programs

## **WOMEN EMPOWERMENT PROGRAM**

The program covers 5160 of women belonging to 344Self Help Groups (SHGs) in 52 Grama Panchayats in Chitguppa, Humnabad, Aurad, Hulsoor, Balki, Bidar and Basavakalyan taluks of Bidar district. The target groups of the program include rural women and adolescent girls.

## **Objectives**

- \* Improve the level of literacy of adolescent girls and women.
- \* Increase the number of trained women in book keeping of Self Help Groups (SHGs) of women.
- \* Strengthen women with knowledge and awareness of basic rights of their own, their families and villages.
- \* Reduce the number of women and adolescent girls with ignorance on nutrition, health and sanitation.
- \* Promote Cluster and district level federations for economic self-sustainability of SHGs.
- \* Educate women on enhancing livelihood through entrepreneurship.

#### Govt schemes availed

- 1. CC Roads 17
- 2. Swacha Bharath toilet - 61
- 3. 430 people are provided with job opportunities in MGNAREGA yojan

#### 103

Training Programs conducted thus to empower the women to lead a sustainable life 31 women from SHG contested for the election in the past years and 07 women empowered to become panchayath leaders in Bhalki and Humnabad.

1. Crop insurance availed for 39 people.

2. Provided Eshram card for 56 persons.





## TRAININGS TO EMPOWER WOMEN April 2023–March 2024

TOPIC	NO. OF TRA	AININGS		
	April – July 2023	August – Nov 2023	Dec 2023 – Mar 2024	Total no. Of Participants
Health & Hygiene	2	3	1	234
Right to food	03	04	03	229
Preparations of Nutritious food	1		3	195
Communicable & Non Communicable			06	122
Herbal Medicines		02		98
Global Warming Climate change & Renewable Energy	01	03	-	107
Gender Equality and Justice	01	02	04	225
Free legal Service	01	01	01	73
Constitutional Rights		02	03	123
Gender Sensitivity	-	01	-	40
Local Resource Mobilization		02	02	69
Formation and strengthening of Federation	03	04	01	172
Promotion leadership Skills of local leaders	02	02	02	248
Govt. Schemes	03	02	02	221
conflict Management	-	02	02	69
Rights Based Approach		-	04	141
MGNREGA Awareness	-	01	-	31
Documentation	03	04	04	192
EAP & EDPO		01		31
Training for District Federation members	01	01	02	53
Training for Taluk Federation members	-	02	01	15
Cancer Awareness	43	57	52	152

## SPECIAL PROGRAMMES/ CELEBRATIONS

MONTH	PROGRAM	NO. OF PROGRAMMES	NO.OF Participants
2022-April	Ambedkar Jayanti	06	257
	Basava Jayanti	02	41
May	Workers Day	02	85
June	Free Medical Health Camp	02	185
	Environment Day	05	291
July	Senior Citizens Day	01	25
	Vanamahotsava	10	444
Aug	Free Medical Health Camp	02	208
	Independence Day	06	145
	Health camps	02	52
	Mother Teresa Jayanthi	03	148
Oct	Gandhi Jayanthi	06	152
	Swaccha Bharath Abhiyan	01	30
	International blind day	02	99
Nov	Constitution Day Training	01	95
	Children's' Day	07	117
	Free Eye Camp	01	45
	Kanakadasajayanthi	01	48
Dec	Christmas	01	121
Jan 2023	Republic Day	04	164
	Swami Vivekananda jayanti	02	93
	Gramasabe	04	99
March	Health camp	01	94
	International Women's Day - Taluk level	03	1321

## April 2023- March 2024

SCHEME	Department	NO. O	F BENEFICIAF	RIES	Total Value
		April - August	September - December	January – march 2024	
Swatch Bharat (Toilets)	Gram -Panchayat	05	20	36	180000 Rs
One Bore well for 25 families' drinking water		36	03		700000 Rs
Ambedkaryojane		03	01		80 Members
CC Road		06	06	05	500000 Rs
PM's Ujjwala (gas)	Taluk Panchayat	15			15- People
Health cards					
Identity Card	Labour Dept	12	0803		
Labour card		16	04	08	28 People
Scholarship for education		02	08	05	
Old age pension (Sandhya SurakshaYojane)	Revenue	2510	01	02	150000 Rs
MGNREGA		225	125	130	5407
Crop Insurence		39			39
Ayushman card		16			16
e-shram cards		16 40			56
Abha card		228	313		542

## **Success Story**

#### Name - Rukmini

**Back ground of the person:** At the very young Rukmini got married to Ramesh. She has two sons and two daughters. As they were very poor they hold the BPL card. They do not own any property or field. They earn their livelihood by their daily wages if they have any coolie work for the day.



As she is from a very poor family she had the problem of poverty and she has not learnt school she is illiterate. She saw other women those who joined the ORBIT SHGs. As she is

from a poor family, the family had economical problems', when she learnt that ORBIT organization has started SHG So she spoke to the ORBIT staff and expressed her desire to join the SHG she had come forward to join the SHG and joined the OM SHAKTI SHG it has been 15 Years since she had joined the SHG.

**Issues and Solutions:** Mrs. Rukmini never went out of the house but with the help of the Coordinator and animators and other SHG members she got courage and confidence to run her family. She was empowered by Training programmes conducted in the group meetings. Her SHG savings are helping her now to take loan to educate her four children. She has given good education for her children.

**Experience and learning**-Now she takes active participation in all the social gatherings in her village through Gramapanchayat. With her ability she has taken 50000 rupees for each member. Now she is planning to take part of election she is very helpful to for all the villagers, from the first time, she has taken the bank loan four times for the second time she took 35000 loan for her children's education 40,000 rupees were taken to buy a machine And a milling mill for 58,000.

So like this she is self-employed at home she is earning profit of rupees 300 per day her living standards have more increased and she is leading a good life.

The help taken from ORBIT Organization and by giving information of ORBIT organization, the economic condition was made better and helped move forward .and are able to run the families Loan was borrowed from bank learned to write my name. Took on formation from ORBIT organization to educate my children for giving me better information training and for making me know about something I thank the ORBIT organization. she builds good repo with the government officials. Now she is happy and contentment in her family. She is ever grateful to the ORBIT.

## CHILDLINE 1098 till August 2024

ORBIT is sub centre for Child Help Line 1098 Programme under the Union Ministry of Women and Child Development, Government of India; and operates in Basavakalyan and Humnabad taluks of Bidar district in collaboration with the regional headquarters in Chennai.

## **OBJECTIVES**

- > Promote child rights and its protection
- > Habilitate the street and working children
- Eradicate child labor
- > Mainstream school dropouts and children on the street.
- > Spread awareness on child help line 1098
- > Make people aware on benefits of forming children's club
- > Create awareness among parents on the importance of education of children

## 03 Orphan & Missing children were rescued

12 Child labor found and referred to CWC

53 Awareness programs conducted

16 Children were rescued from the child marriage

Provided Shelter for 14 orphan children by referring to CWC

10 children were linked to Govt Schemes

5 drop out children were enrolled to the schools

Total cases from Outreach - 03

Total cases through 1098 - 82

Total intervention from Child line team ORBIT - 85

World day against Child labor was celebrated with 315 participants





## NAVAJEEVANA – Community Based Reintegration of Persons with Mental Illness Supported by Azim Premji Foundation-APF



**Goal/ Impact Statement:** All identified Persons with mental illness from poor communities of Humnabad Taluq of Bidar District with severe or common Mental Illness access treatment from DMHP, stabilized and at least 25% of them practice livelihood activities thereby integrated in the community by March, 2025.

## **Objectives**

- 1. Identify all the people with mental illness in Humnabad, taluqof Bidar District to ensure treatment and reintegration for all the identified PWMI and families and to implement, promote and sustain District Mental Health Programme in the District.
- 2. To capacitate staff of Navajeevana, barefoot counselors, teachers and to sensitize secondary stakeholders and Govt Dept. staff for the effective implementation of mental health programme in Humnabad Taluq.
- 3. To impart Income Generation, vocational training for at least one member from affected families (rehabilitated PWMI or Caregivers) for livelihood through wage or self-employment
- 4. To set up a "Help Line" for PWMIs, people, students and youth with depression, to provide counseling services and treatment.



SLNO	Particulars	Over all Status
01	Identification of PWMIs	365
02	Active Cases	285
03	Drop out	2
04	Death	19
05	Inactive	10
06	Migrated	10

## Benefits received by the beneficiaries under APF in the year 2023-2024

SL NO	TYPE OF Benefits	Number of People Benefited
1	Aadhaar card	21
2	Eshram card	14
3	Health card	26
4	Job card	2
5	Pan card	2
6	Pension	6
7	Goat	2 goats each to 17 beneficiaries
8	Revolving fund	10000/- each to 6 people
9	UDID Cards	20
10	Chicks	3 chicks each to 19 Beneficiaries



107	Total number of Awareness program conducted 14256 participants.	
26	Total number of UDID card Availed to the Persons of mental illness.	
177	Disable Persons Organization (DPOs) - 63 Parents and care takers group created - 14	
536	Number of counseling session conducted to Persons with Mental illness	

Total number of PwMIs Identified at Humnabad and Chitaguppa Taluk

## **Success Story**

Mr. Lokesh, a resident from Kankatta village Humnabad Taluk embarked on a courageous journey to overcome the challenges of mental illness that had cast a shadow over his life. His story is one of perseverance and the transformative power of hope.



#### **Background:**

Lokesh was born in kankatta village Humnabad Taluk 30 years old. Vaijinath his father who is the bread winner in the family, Mrs Shridevi is his mother who is the house wife who looks after the children at home. Lokesh has one elder sister and one elder brother and he is the last one. Lokesh's struggle with mental illness began 4 years ago, impacting all of his life. The relentless battle with anxiety and depression took a toll on his personal relationships with his family, surroundings and overall well-being.

## **Initial Struggles**

Lokesh studied only 7<sup>th</sup> Std after which he went to the field to work with his father. He was taking care of the buffalo's and working in the field with his father. His life went on working in the field without education and any other activities. One fine day as Lokesh was coming from the field he felt like some group of people threatening him saying they would kill him and and he was scared. He imagined always the same threatening voice resounding in his ears. Though he started again going to the field with his father he had the illusions that someone is behind him coming to kill him and so on. He stopped going to the field, he was at home doing nothing, and the situation became critical he was not able to sleep, eat or do nothing. He was by himself, he dint want to wear the clothes he was naked. Therefore he was locked in one room and was not coming out. Meanwhile he had another heart breaking situation that his grandfather who loved him so much died unexpectedly. This entire situation caused him for depression and metal disorder.

The family members believed in superstition, banumathi and matamanthra. So they took Lokesh to temple for pooja and other religious practices thus he may be healed through it. But the condition was the same, he was not improved, he stopped wearing clothes his situation was bad that the family members were worried and were in pain. For 4 years they

kept on taking him to many temples and poojas but had no results.

#### **Intervention from ORBIT Staff:**

In the month of March 2023 the staff of ORBIT went to Kankatta village for survey, while visiting the house of Lokesh his mother was outside the house doing some work. The staff of ORBIT asked her if anyone in her village with behavioral issues as talking to himself, smiling unnecessarily etc. Then the mother said directly to the staff that her own son is having such problem and they have not done any treatment for the hospital rather they have gone to pooja and to the temple.

Seeing the condition of Lokesh it was clear that he was a person with mental illness. Therefore the staff suggested her mother bring her to the DMHP cmap at Govt hospital Humnabad. Till then his mother was not aware of the treatment or the medication for his son's illness. Thus the mother agreed to come to the hospital.

On April 5<sup>th</sup> 2023 Wednesday, Lokesh and his mother came to Govt hospital for DMHP camp for the first time. The psychiatrist Dr Rithesh assessed him and diagnosed as SMD (severe mental disorder) and gave him the medicine saying to be regular for the medication. Thus the treatment started and they were regular for DMHP camp and for medicines and for the treatment. The staff of ORBIT did the follow up visits every month. Lokesh's success story was not a solo journey. The unwavering support of ORBIT staff and his family played a pivotal role in his recovery. Open conversations about mental health and counseling from ORBIT staff reduced the stigma surrounding his condition.

The therapy sessions with a skilled mental health counselor helped him to overcome his fear Through these sessions, he gained valuable insights into the root causes of his mental health challenges, allowing him to develop coping strategies and a roadmap towards recovery.

#### Present situation

Lokesh success story is a testament to the capacity for change. Through regular treatment from DMHP camp, Counseling and professional support he conquered his mental health challenges. At present he is wearing the clothes on his own, he is going to the field again sometimes with his father. He is able to sleep now. He is improving day by day. He continues to take medicine and the ORBIT staff make the follow up. The family is grateful to ORBIT and its support.

## Early Intervention and Early Education Supported by Association of Persons with Disability - APD Location: Bidar District of Karnataka, India

**Goal:** Identify and enhance the normal development of the infants and toddlers at risk of developmental delays: Such as physical, cognitive, communication, social or emotional development, sensory and adaptive development.

## **Objectives**

Early Identification

- > Children from 0-6 years show confidence and enjoy their right to education
- > Families understand their own strengths, abilities and special needs and support their children to develop and learn.
- > Ensure that the children with development delays receive support services
- > Sensitization of other stakeholders on early identification & intervention among children with disabilities.
- > Government departments at Taluk level and district level extend their support for the effective implementation of EI & EE programme

S.No	Activities	Quantity	Services
1	Identification of New Children with developmental delay	232	Cerebral Palsy-50 Congenital Deformity-2 Delay Development-36 Down Syndrome-1 Global Delay Development-40 Hearing Impairment-4 Loco motor Disability-24 Mental Retardation-11 Multiple Disability-6 Speech & Hearing Impaired-7 Speech Impairment-51
2	Assessment Active cases	207 155	207 Assessment was done At present 155 active cases are given more attention since they are in need of the same.
3	Anganwadi Visit	234 Visits	234 Anganwadi visits for Children Identification and Survey, For Baby Screening
4	School Visit	75	75 School visits for children Admission and Awareness programme.

5	Regular Fallow up through home visits	Total Services 4279	We are cover 207 children to Home and Centre based stimulation Activity total 4279		
6	Staff Capacity Building Training	8 Trainings	Staff Capacity building training program was given for the staff.		
7	UDID Card Apply	63			
8	UDID Card Received	42	It Supported the Family Economically. The Parents Were Happy		
9	Aadhar Card Apply	55	Those care takers of the children were helped to apply for their Adhar card.		
10	Bank Account	15	Bank account was opened for the care takers and children.		
11	Awareness Program	164	The SHGs, Asha Workers School, Children's and Anganwadi Teachers Were given Awareness of Disability and its Prevention.		
12	Visit to Government Department	40	Seeking Support from Government officials		
13	Capacity Building Parents Meeting	5	Parents Capacity building training on how to care for their children and parents group meeting		
14	World Disables Day Celebration	3	At ORBIT Humnabad and other villages of Humnabad		
15	VRW and MRW Training	3	Training was given on early Intervention and Early Education.		
16	Sensitization Training	32	Asha workers, Anganvadi teachers and ANMs. Totally 583 participants.		
17	Pension Applied for children with delay development	15			
18	Number of children receiving the pension		5The children receive the pension based on their disability level.		

19	Children's Group	5	5 children's group created with total number of 32 children in the group.
20	Children's Referred to Hospitals	18	18 children's were to govt and private hospital for medical checkups, Diagnose Etc.
21	Sub Centre Activity	148	Established 6 sub center at different PHCs and one Main center at ORBIT Humnbad for the stimulation activities.
22	Nutrition food Distribution	87	87 children are provided with the Nutrition food Through Association of Persons with Disability (APD) and ORBIT



## Success Story

#### CHANGE STORIES.

Child's Name:- Aryan Father Name:- Dalit Mother Name:- Savita

Age:-6

Village:- Dubalagundi Taluk: - Humnabad District: - Bidar



**Family background:** Aryan's father is dalit, this child is a resident of Dubalagundi, there are six members in his family, the child's father is a bus driver, mother is Housewife, grandfather and grandmother are living in the family.

**Basic problem of the child:-** This child is suffering from speech defect and mental retardation. This child was informed about APD and six orbit organization after home visit.

**Activities given to the child:** Register this child in our organization = understand all the problems of the child and the assessment were given activities to the child. This child was provided by Aadhar Card May organization.

**Changes like a baby:-** Aryan baby now does everything by himself. Talking and doing the activity as we taught. So he has 45'/' change in his family and expressed thanks to the ORBIT and the APD organization.

Baby Name:- Khushi Father Name:- Dileep Mother's Name:- Radhika DOB:- 19/06/2018 Village:-Ghatborala



## **Success Story**

**Family background:** Khushi is a five-year-old child, the child's father works as a labor, mother is a housewife, and there are five members in the child's family. She is the first daughter and one younger sister.

Basic problem of the child: The child could not talk and walk.

**Guidance:** Workers from Orbit organization visited the child's home and learned about the child's problem. They were told that we are working with stunted children in our organization. We know that we can do well for your child through activities. The parents gave us permission to do the activities.

**Change in the child:** - The child is now speaking two letter sounds. The child is now trying to pronounce new words. She is taking steps forward as a child is 60% better. so parent Thanks to the ORBIT and the APD organization.



## NAVAJEEVANA - Community Based Reintegration of Persons with Mental Illness Supported by Live, Love, Laugh Foundation - LLLF

## Goal /Impact statement

1200 identified persons with mental illness from poor communities of Bhalki, Aurad and Basavakalyan Taluqs of Bidar District with severe or common mental illness access treatment from DMHP, stabilized and at least 30% of them practice livelihood activities thereby interested in the community by March, 2028

## **Objectives**

- 1. Identify all the people with mental illness in Bhalki, Aurad and Basavakalyan taluqs of Bidar Districts to ensure treatment and reintegration for all the identified PwMI and families and to implement, promote and sustain District mental health program in the District.
- 2. To capacitate staff of Navajeevana, Community mental health workers, teachers and to sensitize secondary stakeholders and Govt Dept staff for the effective implementation of the mental health program in three taluks of BIdar district. This will result in creating sustainable model for carrying on the Navajeevana and DMHP program during phasing out of the program.



- Total identification of the PwMIS under LLL foundation from Aurad, Bhalki and Basavakalayan.
- The awareness programs conducted in the SHG groups, Schools, and angananyadi centers.
- Awareness and training programs conducted to ASHA workers, High School teachers, community workers, Stake holders, PwMis and their care takers.
- Staff capacity building classroom training and Field level training for the staff of ORBIT LLL Foundation.

## Benefits Received by the Beneficiaries under Navajeevana Program Supported by Live Love Laugh Foundation

SL NO	TYPE OF Benefits	Number of People Benefited
01	Udid Card	42
02	Health card	84
03	Eshram card	05
04	Ayushaman card	15
05	Pensions	14
06	Old age pension	01
07	Ration card	01





## **Success Story**

Basappa 46 years, hailing from a poor background in Kollur, Aurad Taluk, faced immense struggles in his journey towards mental wellbeing. He is with wife and two Children, striving to make the family happy. However, after some years the doubts brewed within his mind. He was suspicions of his wife's fidelity; He thought his wife is having affair with other man. It disturbed him a lot, leading to daily conflicts and emotional distress among them.



Tragically, his wife died due to ill health. Her untimely demise worsened his anguish. Threatened by the relatives of his late wife, Basappa spiralled into a deep depression, marked by doubts and intense anger, self-doubt, and neglect of personal hygiene. His once vibrant spirit now clouded by suicidal thoughts and erratic behaviour, he found himself lost in despair.

#### Intervention of ORBIT

The first attempt of treatment was from Eragadda hospital in Hyderabad, it continued for some month. But due to financial constraints they couldn't continue the same.

However, a ray of hope emerged through the intervention of ORBIT staff Live, Love, Laugh Foundation - LLLF. Through diligent efforts and intervention of Asha workers, the staff

identified Basappa'scase and initiated crucial support. Their first visit to his humble abode on August 26, 2023, marked the beginning of his journey towards recovery. They assessed the case and suggested the caretaker of Basappa to bring him to DMHP camp. The compassionate guidance of ORBIT's staff provided reassurance and encouragement.

With the guidance of ORBIT staff Basappa and his caretaker visited the DMHP camp for the first time on 5.9.2023. Subsequent participation in DMHP camps from 5.9.2023 laid the groundwork for Basappa's healing.

With unwavering dedication, Basappa underwent a transformative six-month follow-up, gradually witnessing improvements in his mental and emotional well-being. The once turbulent waters of his mind began to calm, as anger dwindled, behavioral patterns shifted positively, and suicidal tendencies waned.

Today, amidst the gentle breeze of progress, Basappa stands as a beacon of hope. Engaging in cooly work four days a week, he not only sustains his livelihood but also nurtures his habits of cleanliness and self-care.

In the face of adversity, Basappa's journey exemplifies the triumph of the human spirit. Through collaborative efforts and unwavering support, he emerged from the shadows of despair, reclaiming his life with newfound vigor and purpose.

## **WOMEN IN MICRO ENTERPRISE (Samruddi)**

In collaboration with SAMRUDI - Rural Upliftment Foundation, Bangalore, this program is organized by ORBIT in Bidar, Balki, Basavakalyan, Chitguppa, Hulsoor and Aurad taluks of Bidar district. Members of democratically governed women's organizations own and control SAMRUDI. The program envisages creating entrepreneurs among rural women to improve the standard of living of their families.

## **OBJECTIVES**

- o Empower women to demand their rights and fight against injustice
- o Increase the number of rural women receiving business counseling
- o Provide technical support and promote entrepreneurs among rural women
- o Support women financially to raise their monthly individual income

#### **ACTIVITIES**

- Entrepreneurship Awareness Program (EAP)
- Entrepreneurship Development Program (EDP)
  Loan distribution

## **TRAINING DETAILS from April 2021 to March 2022**

TRAININGS	Total No. of Trainings	Total no. of Participants	
EAP / EDP Trainings	19	272	

## **Enterprises Supported during April 2022 to March 2023**

Type of Enterprises	No. of Women Supported						Financial support
	BATCH I June 2022	BATCH II August 2022	BATCH III September 2022	BATCH IV December 2022	BATCH II February 2023	TOTAL No. of Benefic iaries	
Animal Husbandry/ Goat rearing	08	12	16	36	12	84	2100000
General/Provision stores	06	02	02	02	06	18	450000
Beauty Saloons			01		02	03	75,000
Tailoring	11	-	04	01	17	34	850000
Vegetable / Fruits vendor	6		01		01	02	50,000
Floor mill	01	-	01	-		02	50000
Bangles shop	02		01			04	1000000
Tea shop	02	03			5	05	125000
Construction material			01			03	75000
Bakery	-		-		01	01	25000
Chicken stall			01		38.	01	25000
Wood Shop			01		-	01	25000
Cloth Centre		-2.3	-		01	01	25000
Music	- 64	- 9		01		01	25000
Mechanics work					03	01	25000
TOTAL	28	17	29	40	40	160	
Financial support	7,00,000	4,50,000	800000	1000000	1000000		4000000
Repayment as on 31st March 2024							1,20,000

## **Success Story**

Name: - **Esther Rani** Husband: -Sudhakara Village: -Belakera

Name of the SHG: -Sannidhi

Age: - 35

Success Story of Mrs. Esther Rani w/o Sudhakar:



Mrs. Esther Rani w/o Sudhakar, a resident of Belkera village in Chittaguppa taluk, had been married for 12 years. Her husband worked in a company, and their family lived under challenging conditions without a proper house. They held a BPL card, had no land, and faced financial instability. Life as a housewife became increasingly difficult for Mrs. Esther, and she longed for a stable home for her family. Through the guidance and support of Sannidhi Sangha, she received self-employment training, which gave her new hope. However, her primary goal was to secure a safe and permanent house.

Determined to change her situation, Mrs. Esther, with the help of her husband and ORBIT staff managed to secure a loan through Samruddi loan. They received ₹75,000 from the Samrudi scheme and contributed an additional ₹45,000 from their own savings. This, along with the training and support from Orbit Organization, helped them purchase a piece of land worth ₹1,50,000. The Orbit Organization played a vital role in providing Mrs. Esther and her family with the information and resources needed to buy the land, transforming their dream into reality.

Grateful for the support, Mrs. Esther expressed her heartfelt thanks to the members of Sannidi Aand the Orbit Organization for helping her achieve something as significant as owning land. This success has brought not only a sense of security but also immense pride and relief for her family. Mrs. Esther believes that this accomplishment has laid the foundation for a better future for her family, giving them the strength to face other challenges ahead. Through this journey, she has demonstrated that, with the right support and determination, significant changes are possible even in the most difficult circumstances.



## SABALA – EMPOWERING RURAL WOMEN AND YOUTH

**Project Goal:** By July 2024, empowered 90 economically backward family members of CSP children of Bidar District, in Karnataka State in India, will have enhanced their standard of living through self-employment and income generating activities.



Sl No	Name of the Trainings	No of Batches	Total trainees
01	Driving	02	25
02	Beautician	01	10
03	Tailoring	05	60



## SPARSHA - Cancer Campaign Program April-2023 to March-2024

SL NO	Taluk	Awareness Conducted	Participants	Screening Camps	Participants	Referrals
1	Humnabad	202	4818	04	313	16
2	Chitaguppa	59	1496	03	262	11
3	Basavakalyan	27	623	01	74	10
4	Bhalki	47	1174	02	142	05
5	Bidar	21	360	01	63	03
6	Aurad	10	744	02	111	06
7	Hulsoor	1200				
8	Kamalnagar			Mark Control		F Car
	Total	366	9215	13	1065	51

## 'Celebrating Environment day: A commitment to sustainability'

Places: Humnabad, Basavakalyan, Balki, and Aurad

**Objective:** To raise awareness about environmental conservation and promote sustainable practices among local communities especially through water harvesting and zero plastic use.

The staff of ORBIT organized anenvironment day at different schools, villages and surroundings of Humnabad, Basavakalyan, Balki, and Auradtaluks planting 100 saplings each. The special importance was given to water harvesting through Ingu gundi.

Sl No	Activity	Quantity	Places
1	Distribution of saplings	1200 saplings	Schools, PHCs, Individual houses of SHG members
2	Ingu Gundi	03	Humnabad
3	Awareness programs	43	At Humnabad, Basavakalyan, Balki, and Aurad



## **SPECIAL PROGRAMS**

## International Women's day

International Women's Day 2023 was celebrated across various Taluks of Bidar District by ORBIT, with the theme: "Gender Equality through Economic Empowerment" (ಆರ್ಥಿಕ ಸಬಲೀಕರಣದೊಂದಿಗೆ ಲಿಂಗ ಸಮಾನತೆ).

The event saw enthusiastic participation from around 1,725 women, with distinguished guests from diverse sectors gracing the occasion in six different Taluks. A total of 35 women were honored for their remarkable achievements and dedication in improving their lives and making significant contributions to society.

The celebration highlighted the importance of empowering women economically as a key driver for achieving gender equality. Various cultural performances, discussions, and workshops were organized to inspire and motivate the participants. The event underscored ORBIT's commitment to fostering an inclusive society where women have equal opportunities to thrive and lead.



#### Orientation for the Staff

An orientation program was conducted for the staff of ORBIT at Humnabad, featuring insightful sessions on counseling and personality development. Fr. Jonson SJ led the session on counseling, providing valuable guidance on addressing emotional and psychological challenges in a compassionate and effective manner. His session emphasized the importance of active listening, empathy, and practical strategies for offering support to those in need.

Br. Henry from Bengaluru conducted a session on personality development, focusing on enhancing personal growth, communication skills, and self-awareness. His interactive approach encouraged the staff to explore their potential, build confidence, and foster a positive attitude both in their professional and personal lives. The program was well-received, equipping the staff with essential skills to better serve their communities.





## Death Anniversary of St. Mother Theresa The Patron Saint of ORBIT

## **Blood Donation Camp**

ORBIT Humnabad organized a blood donation camp at its premises on the occasion of the death anniversary of St. Mother Teresa, the patroness of ORBIT. The event was a tribute to her legacy of compassion and service to humanity. Numerous volunteers, including ORBIT staff and local community members, participated in the camp, contributing to the noble cause of saving lives through blood donation.

The camp was conducted in collaboration with local health authorities, ensuring proper medical supervision and safety measures. The event not only honored the memory of St. Mother Teresa but also emphasized ORBIT's commitment to continuing its mission of selfless service to society.



## Training for Gender Equality Motivational Team

A specialized training program on Gender Equality was conducted at ORBIT for the Gender Equality Motivational Team, led by Sr. Nancy, the State Coordinator for Women Empowerment. The training aimed to deepen the team's understanding of gender issues and equip them with effective strategies to promote equality in their communities.



Sr. Nancy emphasized the importance of empowering women through education, economic opportunities, and legal awareness, while also addressing the need to challenge societal norms that perpetuate discrimination. The training reinforced ORBIT's mission to foster a society where gender equality is a shared value and reality.

## Joy of Christmas

On January 2, 2024, ORBIT organized an Inter-religious Sauharuda Koota – a friendly gathering – to celebrate the spirit of Christmas. The event brought together people from diverse religious backgrounds to foster unity, peace, and mutual respect. Through prayers, cultural performances, and messages of harmony, the celebration highlighted the shared values of love, compassion, and solidarity that transcend religious differences.

This inclusive gathering symbolized ORBIT's commitment to promoting interfaith dialogue and building stronger, more cohesive communities. The atmosphere of goodwill and togetherness reflected the true essence of the Christmas season.



## Cancer Awareness Jatha

A rally and cancer awareness jatha was taken out in Bidar on 04.02.2023 Saturday to mark World Cancer Day. It was the initiative of the Organization for Bidar Integral Transformation - ORBIT supported by Caritas India, Indian Cancer Society, the district health department Bidar and other departments. An awareness rally was held from the DHO office to the DC office in Bidar to raise awareness about Cancer. It was attended by officers of the health department of Bidar, the director and staff and ORBIT as well as students from schools and colleges in Bidar.



ORGANISATION FOR BIDAR INTEGR	AL TRANSFORMAT	TION,	
HRD TRAINING CENTRE, N. H. 9, H			
CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT	FOR THE YEAR E	NDED 31" MAI	RCH 2024
PARTICULARS		NOTE NO.	₹
. Receipts :		2	45.45.478.83
Opening Cash and Bank Balances		2	18,90,934.12
Donation & Contribution		3	29,36,901.00
Contribution Received Towards Specific Purposes		4	64,87,868.00
Grant received towards Specific Purposes			2,10,439.00
Bank Interest		5	9,30,805,00
Other Receipts	2.7	6	1,70,02,425.95
	Total:	9	1,/0,02,423.93
II. Payments:			1620 722 5
Expenses incurred towards Specific Purposes		7	16,30,733.54
Grant utilised towards Specific Purposes		8	61,50,430.08
Administrative Expenses		9	3,57,276.23
Community Development Expenses:		10	7,31,275.0
Other Expenses		11	32,440.00
Other Payments		12	9,41,891.80
Capital Expenditure		13	4,20,590.00
Closing Cash and Bank Balances		14	67,37,789.3
	Total:		1,70,02,425.95
Significant Accounting Policies - Note-1 The accompanying notes are an integral part of the financial states Per report of even date	ments	***************************************	
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Chartered Accountants			
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Place : Mangaluru	TO WAR	BAD	
Date : 28.08.2024			

## **Photo Gallery**



## **OUR Support and Collaborators**

Govt of India and Karnataka

District Administration, Bidar District & all the Departments

District Police Office





















# HOLISTIC EMPOWERMENT OF UNDESERVED COMMUNITIES



## **Staff of ORBIT**

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