

November 2025



ORBIT NGO
Non-Governmental Organization
Humnabad, Karnataka- 585330
Organization of Bidar Integral Transformation

SEVA SANGAMA
Non-Governmental Organization for Concern Development
Near Kendriya Vidyalaya, Kotnoor (D) Village, Jewargi Road,
Kalaburagi- 585102

Seva Vani

*Committed to
Social Welfare through Service.*

"World Mental Health Day Celebration Program at ORBIT Organization"

Humnabad: On 13th October 2025, the "World Mental Health Day" was celebrated at the ORBIT Organization located on the outskirts of the town, in a joint initiative organized by the Bidar District Legal Services Authority, Humnabad Taluk Panchayat, and the Department of Empowerment of Persons with Special Needs and Senior Citizens. Senior Civil Judge Mr. Prashanth Badavadgi attended as the chief guest of the program. He highlighted that every individual has the right to live with dignity and that the Constitution grants us several rights. He emphasized that in today's world, many people are losing their mental peace due to their lifestyle, and everyone must pay more attention to mental health and seek appropriate treatment under the guidance of expert psychiatrists. He also praised the ORBIT Organization for its commendable work in the region. Dr. Ritesh Sutrawe, an expert psychiatrist, delivered a lecture on "The Importance of Mental Health and Ways to Maintain It." He discussed life pressures, anxiety, and social impacts, emphasizing the significance of meditation, exercise, and positive thinking. Sub-Inspector Suresh Kumar Chauhan of Humnabad Police Station spoke about the legal provisions available regarding mental health. Dr. Mustafa also attended and extended his greetings on the occasion of World Mental Health Day. The program was presided over by Fr Victor Vass, who stressed the need for everyone to develop empathy, encouragement, and mutual support to strengthen mental health. He noted that several departments have supported the organization in this endeavor. Other dignitaries present on the stage included Mr. Manjunath Reddy, President of the Taluk Advocates Association, and Mr. Vijaykumar Jyotigond, staff member of the Taluk Advocates District Mental Health Camp. Staff members of ORBIT Organization, beneficiaries, and their parents participated, making the event a successful one.



Most Rev Robert Miranda
Bishop of Gulbarga



Rev. Fr Victor Anil Vas
Director ORBIT & Seva Sangama



Serving Humanity,
Building a Better Tomorrow.

“Navajeevana APF Program”

“Two-day Residential Camp for Persons with Mental Illness.”

On 10th October 2025, a two-day residential camp for persons with mental illness was organized at the ORBIT Organization in Humnabad, in collaboration with the ORBIT Organization and the Azim Premji G Foundation. Addressing the camp, Fr Albert, Asst. Director of ORBIT Organization, emphasized that alongside physical health, mental health is extremely important. He advised everyone to pay greater attention to their mental well-being and to live life positively. Mr. Arun Kumar Kote, a close advisor of the Navajeevan Program, who attended as a resource person, gave a lecture on how beneficiaries with mental illness can manage their daily activities and receive proper treatment to recover effectively. Another close advisor, Mr. Ravi, engaged the participants in various activities, fostering a sense of rejuvenation. The program was managed by Mr. Sadanand and coordinated by Mr. Praveen, along with the camp staff. A total of 35 participants, including beneficiaries and their parents, attended the camp and benefited from the program.



“Mental Illness Awareness Day”



On 14 October 2025, Mental Health Day was celebrated at the Anganwadi Centre in Mustapur village of Humnabad taluk at 11 AM. Resource persons Mr. Dileep (CHO), Mrs. Jaishree (PHCO), ASHA worker Mrs. Asharani, and ORBIT Organisation's Navajeevan Program staff member Mrs. Mahadevi were present. Mr. Dileep spoke about the importance of Mental Health Day. He said that this day is observed worldwide and that persons with mental illness are entitled to proper treatment and services. He informed the villagers that whenever they come across anyone with mental illness, they should help them. He further added that government hospitals provide free medicines and free check-ups for mental health conditions, encouraging the villagers to extend their support.

“Community Power Taluk Union Meeting”

On 15 October 2025, the Community Power Taluk Union meeting was held at the Orbit Organisation, Humnabad at 11:30 AM. The meeting started on time. Resource person and Counsellor Mr. Arun Kote participated in the meeting. Members of the Community Power Taluk Union attended punctually.



Navajeevan program staff member Mr. Ravi, counsellor and local coordinator Mr. Praveen, and staff member Mrs. Mahadevi were also present. During the meeting, discussions were held on networking with officials, and information was given about the 5% reservation available in Gram Panchayats. Details about applying for a UDID Card and how to obtain an ID card were shared. Participants were also informed that treatment and medicines for mental illness are available free of cost at Humnabad Taluk Government Hospital, and that they should help any mentally ill person receive these services. Members were advised to attend Community Power meetings regularly and on time.



“World Mental Health Day Program at the Taluk Hospital”

On 16 October 2025, World Mental Health Day was observed at the Chitguppa Taluk Government Hospital under the joint auspices of ORBIT Organisation, Humnabad, and Chitguppa Taluk Hospital. Administrative Medical Officer Dr. Vijaykumar Kirasakar addressed the gathering, stating that mental health is a basic right of every person. He said that many people mistakenly associate mental illness with superstitions like spirit possession or witchcraft, but mental illnesses are like any other health condition requiring appropriate and effective treatment. He stressed cultivating awareness and seeking timely help. He urged everyone to guide persons with mental illness without discrimination and to extend humane support. The program was graced by Fr George, Director of Gandhinagar Centre. He said that health is wealth and that mental stress is increasingly common in society. Many youth suffer from depression and develop suicidal thoughts, which is extremely concerning. Due to modern lifestyle pressures, people are pushing themselves into stress, and learning coping techniques has become essential. He appreciated the significant efforts made by ORBIT Organisation in creating mental health awareness in the region and emphasized the need for every individual to be aware of mental health. Total of 150 people participated.



“Meeting of the Specially-abled Persons’ Association”



On 23 October 2025, a meeting of the Semi Naganna Specially-Abled Association was held at Ganesh Katti in Hallikhed-B town under the joint auspices of ORBIT Organisation, Humnabad, and the Azim Premji Foundation. Navajeevan program staff member Mr. David addressed the gathering on how the association should function responsibly after community-level program transfer. He stressed that the association president, ASHA workers, and social workers must work together for the welfare of society. He advised that based on the monthly information shared earlier, members must continue attending DMHP camps, visiting departments, building rapport with officers, and successfully accomplishing their responsibilities.

“Parents’ Meeting for Persons with Mental Illness”

On 08 October 2025, a Parents’ Meeting for persons with mental illness was held at Ghatbora village of Humnabad taluk. Resource person and Navajeevan Program Coordinator Mr. Praveen created awareness among parents about mental illness care, medication, psychological support, and the importance of social support. Parents shared their experiences, discussed their children’s progress and challenges, and received appropriate guidance. Information was given about advocacy, lobbying, rights of persons with mental illness, the procedure for availing government schemes, and the need to protect the rights of mentally ill individuals. Parents were informed about how to advocate for their children and how to approach government departments.



“Success Story through Counselling”



Beneficiaries who have recovered from mental illness with the help of counselling have now taken up employment. Under the Navajeevan Program of ORBIT Organisation, counselling sessions were conducted for mentally ill persons. Beneficiaries Ambadas and Aashiya Begum from the town participated in counselling sessions. Aashiya Begum had severe mental illness due to family pressure and excessive worrying. Her family members were highly stressed and helpless. With the support of ORBIT Organisation staff, they learned about the District Mental Health Camp and availed free and continuous treatment. She actively participated in counselling sessions arranged by the organisation and recovered up to 80%. Today, she is engaged in

tailoring work. Similarly, Mr. Ambadas, a resident of the town, who was suffering from severe mental illness, received support from the organisation, attended the District Mental Health Camp, took continuous treatment, and actively participated in counselling sessions. He has now recovered up to 70% and is earning through shoe-polishing and slipper-stitching work. Both beneficiaries and their families appreciated the support provided by ORBIT Organisation, saying that earlier they believed mental illness to be due to spirits or black magic, and that the organisation's guidance brought them proper understanding and a new life.



“Mental Health Awareness for the Public during Village Cleanliness Drive”



On 24 October 2025, at Valkhindi village of Chitguppa taluk, ORBIT Organisation's Navajeevan Program and the Azim Premji Foundation jointly organised an awareness session during a drainage cleaning drive. Staff member Mr. Hanumanth, Panchayat members, and 15 locals participated. Information was given on who mentally ill persons are, their symptoms, common misconceptions such as black magic or spirit possession, and the scientific understanding that mental illness is a treatable brain-related condition. Villagers were instructed to bring any person showing such symptoms to the local hospital. Additional information was provided about the organisation's helpline number

9036664271 and the counselling helpline 14416 for further support.

“Women Empowerment “

Environmental Awareness Training

On 17 October 2025, an environmental awareness training session was conducted in Chitta village. Participants were taught what the environment is, why it must be protected, and its importance in daily life. They were told that just as we keep our homes clean, the surroundings of the house and village must also be kept clean. A clean environment is essential for good health, as it provides healthy air. The training emphasized the idea: “One plant for every home, one forest for every village.”



“Training on Constitutional Rights”

On 07 October 2025, Mrs. Savita, staff of ORBIT Organisation's Women's Development Program, organised a training session on Constitutional Rights in Othagi village. Resource person Mr. Suryakant from the Early Detection and Early Education Program explained what the Constitution means. He said Dr. B.R. Ambedkar framed one Constitution for all religions and played a vital role in ensuring dignity and rights for women. He explained how earlier kings ruled, but now the Constitution provides equal rights to all. Everyone must be educated and take part in politics. He described democracy as “Government of the people, by the people, for the people. He also explained the three wings of the Constitution: Legislature, Executive and Judiciary. Fifteen members participated and learned about the importance of the Constitution.



“Training on Constitutional Rights for Members of the Kiran Jyoti Federation”



On 25 October 2025, a training session on Constitutional Rights was conducted for members of the Kiran Jyoti Federation in Murul village (Bhalki taluk). Participants learned that the Constitution is the first and most important book of the nation, written by Dr. B.R. Ambedkar. It guides how the country and government should function. The Constitution came into force on 26 January 1950, celebrated every year as Republic Day. Its purpose is to establish democratic governance through the Legislature, Executive, and Judiciary. It grants citizens several fundamental rights such as equality, religious freedom, education, and the right to life. The session concluded by urging participants to

respect and follow the Constitution.

“Training on Free Legal Services”

On 07 October 2025, ORBIT Organisation, in collaboration with the KROSS organisation, conducted training on free legal services. The program began with the Director of ORBIT Organisation, Rev. Fr. Victor Vas, who emphasized the importance of legal awareness for everyone. Chief resource person Fr. Vincent Pereira Advocate, Gulbarga Diocese explained how to access free legal services. He said that individuals with an annual income less than ₹3 lakhs can avail free legal aid using the helpline 15100. He encouraged SC/ST



communities, persons with disabilities, labourers, economically weaker sections, and prisoners to use this service. He explained how PLVs can support legal issues and described services available at the taluk, district and Supreme Court levels. A total of 42 participants including state coordinator Mr. Rajashekhar, KROSS directors, coordinators, BDSS & BDDS staff, and trainees attended the session.



“Problem-Solving Work in Nimbur Village”

In Nimbur village of Humnabad taluk, a borewell in the government primary school remained open and damaged for nearly a year, posing danger to children. This issue was discussed in women's groups and federations and brought to the attention of the Gram Panchayat PDO. The matter was also discussed with school teachers and Anganwadi workers. ORBIT Organization's women's groups and federation members repeatedly met the PDO requesting action. After continuous efforts, the PDO arranged for the borewell to be covered, ensuring the safety of schoolchildren. The school headmaster appreciated ORBIT Organisation's community service and thanked them on behalf of the school.



“Training on Global Warming”

On 18 October 2025, Women Empowerment Worker Mr. Prabhu conducted a training session on Global Warming in Kosam village (Bhalki taluk). He explained that global warming refers to major climatic changes such as landslides, earthquakes, rising sea levels, excessive rain, or extreme heat. He emphasized the need to plant trees, reduce plastic usage, and protect the environment. A total of 17 women benefited from the session.

“Training on Conflict Management”

On 16 October 2025, a meeting of the Tavare Federation was held in Udbal village of Chitguppa taluk. Resource person Mrs. Nirmala, Coordinator of the Women Empowerment Program, provided training on Conflict Management. She explained that conflict means disagreement or quarrel. She emphasized preventing conflicts in groups and federations, maintaining peace in families and communities, and seeking solutions to problems. Members learned the meaning, negative impacts, and methods of resolving conflict.



“ORBIT That Supported Empowerment”



Mrs. Sangeeta, a resident of Bhatambra and a member of the Aashraya Sangha, has one son and three daughters, and raising them was very difficult as her husband worked as a lorry driver. Initially a homemaker, she later came into contact with the staff of the ORBIT organization, joined the Aashraya Sangha, and eventually served as its president. She also became a member of the Premajyoti Federation and received various trainings. Today, she works as a Digital Sakhī, helping many people, and also serves as an assistant at the DCC Bank. Her children are pursuing their education, and although her husband is no more, she does not face financial difficulties due to her hard work; one of her daughters also supports her in her work. Expressing her gratitude, she stated that by joining the Aashraya Sangha under ORBIT and receiving several trainings, her family is now living happily, and she conveys heartfelt appreciation and thanks to the ORBIT organization.

Health Awareness Training for SHG Women

On 28 October 2025, a health awareness training program was organized for SHG women in Santpur. The program was conducted under the guidance of local coordinator Sr. Lynet. Resource person Mrs. Shruti, Health Counsellor at PHC Santpur, spoke about women's and adolescent girls' health issues. She provided guidance on hygiene, balanced diet, regular exercise, and mental health care. She stressed the importance of periodic medical check-ups, nutrition, and healthy lifestyle habits. Women understood the need to adopt healthier routines in their daily lives. The program began with a welcome speech by Sr. Lynet and concluded with votes of thanks. This session helped women gain awareness about health and move toward better living.



Early Intervention and Early Education Program

“Parents’ Meeting and Parents’ Federation Program”



On 10 October 2025, under the Early Detection and Early Education Programme, a Parents’ Meeting and Parents’ Federation Program was organized at the ORBIT auditorium in the Humnabad zone. The program was presided over by the Associate Director of ORBIT, Rev. Fr. Albert. Addressing the gathering, he spoke about how parents should take care of their children, give them more love, and avoid looking down on them. He advised that through the training received, parents should bring change in their children through various activities. The resource person for the program, Mr.

Sadananda Swami, explained the structure, purpose, and objectives of the Parents’ Federation. He also provided information on the rights and government benefits available to children with developmental delays. Around 20 parents benefitted from this meeting. The program concluded with narration by Mr. Suryakant, welcome by Mrs. Kavita, and vote of thanks by Mrs. Mamatha.

“Awareness on Specially-Abled Children”

On 06 October 2025, under the Early Detection and Early Education Programme of Humnabad Taluk, ORBIT field worker Mrs. Kavita organized an awareness program for the villagers at the Anganwadi Centre of Tadola village in Basavakalyan Taluk, focusing on specially-abled children. As the resource person, HIO Sir Mr. Govind Reddy participated in the program. He explained the causes of disability in children such as consanguineous marriage, complications during birth, and accidents and advised parents to be cautious about these factors. He informed that ORBIT provides activity-based interventions to help children overcome disabilities. People were encouraged to inform ORBIT if they found any child showing signs of disability. Details were also shared about government facilities available to such children, including obtaining a UDID card. The program created awareness among around 20 participants, including Anganwadi workers, ASHA workers, and village members.



“Activities for Children with Developmental Delays at the Sub-Centre”

On 27 October 2025, activities were conducted for children with developmental delays at the sub-centre in Ghataboral village of Humnabad Taluk. Anganwadi worker Archana participated and assisted in conducting the activities. Children with developmental delays were taught practically how to pronounce two-letter and three-letter words, including information about which letters are pronounced using the throat and which using the tongue. They were shown activities such as transferring objects from one hand to the other. Basic colour-identification activities were also conducted. Anganwadi workers encouraged mutual support between normal children and children with developmental delays. They informed the children that through play-based activities, behavioural changes and developmental improvements can be achieved.



“Navjeevan LLLF (Live Love Laugh Foundation) Program”

“World Mental Health Day Celebration”



In the month of October, at Basavakalyan Taluk Government Hospital, under the joint auspices of ORBIT Organization, Navjeevan Live.Love.Laugh Foundation, the Taluk Health Department and the Department of Empowerment of Persons with Disabilities, World Mental Health Day was celebrated. Father Albert, Deputy Director of ORBIT Organization, and Sr Christina, Program Manager, spoke about the organization’s purpose and emphasized the need to create greater awareness about mental health in society. They called upon everyone to develop empathy, encouragement, and mutual support to

become mentally strong. The keynote speaker, Psychiatrist Dr. Ritesh, explained the importance of mental health and how exercise and positive thinking play an important role. Chief guests Dr. Ashok Mailare, Taluk Health Officer, spoke about the impact of today’s lifestyle on mental well-being. The program was attended by Dr. Yuvraj Biradar, Chief Administrative Medical Officer of the Taluk Hospital, ORBIT staff, mental health social workers, beneficiaries, parents, and local citizens.

On 17th October 2025, at the Primary Health Centre of Kamalanagar village, World Mental Health Day was celebrated under the joint auspices of the ORBIT Organization and Navjeevan Live, Love, Laugh Foundation. The program featured resource persons including Dr. Mallikarjun, Psychiatrist of the District Mental Health Program, Dr. Shreemant Sir, Taluka Medical Officer, and Mrs. Asha Rathod, PSI of Kamalanagar Taluk. They spoke about the importance of raising awareness on mental health; emphasizing that only by working collectively can a better society be built. They urged everyone to live responsibly. They advised that if any symptoms of illness are noticed, treatment should be sought from psychiatrists, and that superstitions should be set aside in the community. They highlighted the importance of living seriously and maintaining mental health through a healthy lifestyle. The program was attended by the administration of the Primary Health Centre, Anganwadi and ASHA workers, as well as Rafeeq, Sister Lynette, the coordinators from ORBIT Organization, and Rupali, the trusted counselor, with a total of 75 participants.



“Mental Health is as important as Physical Health”



On 23rd October 2025, at the Primary Health Centre of Anadur village in Bidar Taluk, World Mental Health Day was celebrated under the joint auspices of the ORBIT Organization and Navajeevana Live.Love.Laugh Foundation. The program featured Dr. Amal Sharif, psychiatrist of the District Mental Health Program, as the resource person. He addressed the gathering, saying that on World Mental Health Day, we come together to raise awareness. “Mental health is as important as physical health.” He explained that mental health affects our ability to think about, experience, and cope with the challenges of life. He advised that if symptoms such as fear,

anxiety, depression, or insomnia are observed, treatment should be sought from psychiatrists. Communities should abandon superstitions and raise awareness. Excessive use of mobile phones and consumption of intoxicating substances can harm mental health. Maintaining a healthy lifestyle is essential for preserving mental well-being. The program was attended by the administration of the Primary Health Centre, medical officers Dr. Vijay Suryavanshi and Dr. Mallikarjun Gudde, Rafeeq Anand, as well as Anganwadi and ASHA workers, with a total of 80 participants.

“Availability of Mental Health Services During Emergencies and Disasters”

At the Bhalki Taluk Hospital, World Mental Health Day was organized by the District Health and Family Welfare Department in collaboration with the ORBIT Organization. The program was attended by Sr Christina (Project Manager, ORBIT Organization, Fr. Renald, Dr. Abdul Khadeer, psychiatrists Dr. Amal Sharif and Chandrashekhar, and program coordinators Rafeeq and Br Ancy. Sr Christina spoke about this year’s Mental Health Day celebration, highlighting ORBIT Organization’s support and emphasizing that true happiness in life comes not from material wealth but from health. She said that physical health alone is not enough; mental health is essential. She stressed that we are losing our mental health unknowingly today. She wished that this celebration would raise awareness, bring light to life, and provide peace of mind. The program was inaugurated by watering a sapling. Resource person Dr. Amal Sharif stated that good health is the responsibility and right of everyone, and that the desire to achieve it must come from within. Only then can humans lead a better life. He also noted that both the government and ORBIT Organization are striving to improve mental health. Chandrashekhar praised ORBIT’s services and highlighted the main objectives of World Mental Health Day and the awareness it aims to create. Total of 101 beneficiaries and staff members of Balki Taluk attended this program.



“Celebration of Mental Health Day in the Gram Panchayat”



In Hulsur village of Hulsur taluk, a celebration for Mental Health Day was held at the village panchayat. The program was inaugurated by watering a plant. Participants included Fr Aarogya Das from Hulsur Centre, program coordinator Sr Christina, medical officers, panchayat development officers, panchayat staff, beneficiaries, and organization staff. Sr Christina spoke about the ups and downs in life and their impact on our mental health. The program concluded with good wishes for everyone to maintain good health and lead a better life.

“Veerabhadreshwara Caregivers Group Meeting”



On 09 October 2025, Mr. Mahadev, a worker from the Navajeevan L.L.L.F. program of the ORBIT organization, conducted a meeting of the Veerabhadreshwara Caregivers Group in Hulagutti village, Basavakalyan Taluk. The meeting included discussions on health improvement, challenges faced by people with mental illness, and their successes. Information about government schemes related to health was provided. Caregivers were encouraged to ensure that persons with mental illness take their medications on time every day. Similarly, caregivers were advised to prioritize their own health. Persons with mental illness should also engage in daily yoga, meditation, and small household activities. A total of 10 people, including persons with mental illness, their caregivers, and ASHA workers, attended the meeting and received information.

“Formation of a Caregivers Group for Mental Health Beneficiaries”

On 07 October 2025, in Benakanalli village, Bidar Taluk, a caregivers’ group for mental health beneficiaries was formed under the joint sponsorship of ORBIT Organization and the Navajeevan Live.Love.Laugh Foundation. Mr. Nohan, a worker from ORBIT Organization, named this group the “Shanthi Caregivers Association.” The main objectives of forming this association are to help persons with mental illness maintain good health, become self-reliant, and manage their daily activities independently. Information was provided on the following topics: health and yoga well-being, building self-confidence, community participation, unity, and social and economic benefits. A total of eight people, including ASHA workers and Anganwadi assistants, participated in the formation of this caregivers’ group for mental health beneficiaries.



“Vitthala-Rukmini Caregivers’ Association Meeting”



On 8th October 2025, in Nirugudi village of Basavakalyan taluk, under the joint auspices of ORBIT and the Navjeevan Live.Love.Laugh Foundation program, a meeting of the “Vitthala Rukmini” Caregivers’ Association was organized to discuss several key points. Participants were informed that for every mentally ill individual, it is essential to ensure timely consumption of medications and to encourage daily practices such as yoga and meditation. Ms. Anjana Bai provided information on applying for UDI cards, and Mr. Santosh explained the process for applying for monthly pensions. A total of 11 participants attended the meeting, including health department staff and ASHA workers.

“ORBIT Organization’s Support in Life Affected by Mental Illness”



Shobhabai, a resident of Karanji Tanda in Aurad taluk, had been suffering from a mental illness for about eight years and was feeling hopeless in life. At this critical time, Mr. Sunil, a representative of ORBIT, provided timely assistance and advised her to attend the AOUP camp regularly. By consistently attending the camp and taking her medications on time, she has recovered and is now able to manage her daily activities independently. Shobhabai has expressed her heartfelt gratitude to the ORBIT organization for their support.

“Caregivers’ Meeting for Persons with Mental Illness”

In Nagamarpali village of Aurad taluk, Ms. Deepika, a representative of ORBIT, conducted a caregivers’ meeting and provided information on several topics. The session began with a discussion on health improvement, emphasizing that health is wealth and that a person’s body and mind must be in complete balance to be considered truly healthy. Participants were informed about the recent challenges faced by mentally ill individuals and the social stigma they continue to experience. The organization’s aim is to eliminate this stigma and integrate these individuals into mainstream society. Information was also shared on how many mentally ill persons have recovered and are engaged in education and employment. The importance of maintaining one’s own health was highlighted, and caregivers were advised that practices such as yoga, meditation, and reading can help maintain emotional strength. A total of eight participants attended this program.



“Caregivers’ Meeting for Persons with Mental Illness”



In Hippalgaon village of Bidar taluk, Mr. Nohan conducted a caregivers’ meeting for individuals supporting mentally ill persons. The session began with inquiring about the health and well-being of all caregivers and explaining the main purpose of the meeting. Participants were informed about the importance of collective effort, mutual support, sharing experiences, and safeguarding the health of mentally ill individuals. The discussion also covered health improvement, recent challenges and successes, available government schemes and other programs, and effective

ways to communicate with patients. A total of 10 participants attended the meeting, including the CHO, PHSCO, HCO, Anganwadi worker, ASHA worker, beneficiaries, and caregivers.

“DMHP Camp at Government Hospital”

On 28th October 2025, a DMHP (District Mental Health Program) camp was organized at the Government Hospital in Bidar. A total of 33 individuals with mental illnesses received free check-ups, and ORBIT representatives facilitated the issuance of UDI cards for them. Along with the free medical examination, 14,416 counseling sessions were provided. For severely affected individuals, ORBIT also arranged bus charges, in addition to ensuring access to pensions and other government benefits. The organization actively worked to provide treatment and support to every person suffering from mental illness.



“Specially-abled Meeting – 5% Grant”

On 24th October 2025, a special awareness meeting for differently-abled persons was conducted in Uchcha village of Bhalki taluk. The session covered topics such as UDI cards, 5% panchayat fund allocation, and monthly pensions. Participants were informed about the process of identifying differently-abled persons and accessing government-provided benefits. The meeting also highlighted the utilization of the 5% fund reserved for differently-abled persons in the village panchayat and raised awareness about their rights in case officials fail to provide these benefits. A total of 10 participants attended

and received this information.



“World Mental Health Day Celebration at Taluk Panchayat Hall”

On 10th October 2025, at the Taluka Panchayat Hall in Basavakalyan, Mr. Vijaykumar, under the joint auspices of ORBIT and the Navjeevan Live.Love.Laugh Foundation program, conducted an awareness session for Gram Panchayat members on World Mental Health Day. He emphasized that just as physical health is important for every individual, mental health is equally vital. Symptoms such as anxiety, depression, fear, insomnia, and stress should prompt people to consult psychiatrists and access free treatment. Villagers were advised not to fall prey to superstitions and to respond to scientific treatment to achieve recovery from mental illnesses. Participants were also informed about government benefits available for mentally ill individuals, including UDI cards, monthly pensions, government employment through the Gram Panchayat, and reservation under 5% of allocated funds. Information about identified mentally ill individuals by the organization was shared, and cooperation was requested. A total of 72 participants attended the program.



“Interaction and Dialogue Meeting for Gram Panchayat Members”



On 17th October 2025, a liaison and dialogue session for Gram Panchayat members was conducted at Dhannur (K) village panchayat in Basavakalyan taluk under the joint auspices of ORBIT and the Navjeevan Live.Love.Laugh Foundation. The session was led by Mr. Mahadev Manakare, a representative of ORBIT, and introduced the organization and its mental health programs. Panchayat members and rural rehabilitation workers were informed about providing treatment and support to mentally ill individuals through collaboration with organizations, utilizing health resources, and participating in free diagnostic camps, counseling, and medication facilities under the District Mental Health Program. The training also covered community mental health awareness programs, offering supportive care to mentally ill individuals and their caregivers, and the utilization of 5% panchayat

funds reserved for mental health and differently-abled persons. A total of 18 participants, including panchayat members and staff, attended and received this information.

“Mental Health Awareness Program”

On 24th October 2025, a mental health awareness program was organized in Nazareth Colony of Aurad taluk. Ms. Deepika, a representative of ORBIT and the *Live.Love.Laugh Foundation* program, spoke about mental illnesses, explaining that they are brain-related conditions that can be treated effectively through proper medical care. She highlighted that many people lack accurate knowledge about mental illnesses and often mistakenly consider such conditions as mere madness or possession by spirits. By taking affected individuals to specialists and providing appropriate treatment, complete recovery is possible. It was also informed that on the first Tuesday of every month, specialists visit the Aurad Primary Health Centre, offering free diagnosis and treatment for those suffering from mental health issues. A total of 15 participants attended this awareness program.



“Awareness on Rights and Duties of Persons with Special Abilities”

On 10th October 2025, a special awareness meeting for differently-abled persons was organized in Kangati village of Bidar taluk. Mr. Nohan, a representative of ORBIT and the *Live.Love.Laugh Foundation* program, addressed the participants, inquiring about their health and informing them about their rights and responsibilities. The session highlighted government-provided benefits, including 5% allocation of resources, UDI cards, monthly pensions, educational allowances, and other free facilities. Participants were encouraged to access all available government schemes and entitlements. Information was also provided on the implementation of government programs, challenges faced by participants, resource mobilization within organizations, government loan facilities, and subsidies. A total of nine people attended the meeting, including the Anganwadi worker and Anganwadi assistant.



“Bhagyalakshmi Specially-abled Persons’ Meeting”



On 8th October 2025, Mr. Arun, a representative of ORBIT’s Navjeevan Live.Love.Laugh Foundation program, conducted a special awareness meeting for the Bhagyalakshmi group of differently-abled persons in Sultanpur village of Bidar taluk. A total of seven participants attended the meeting, where information was provided about equality and rights. The importance of unity within the group was emphasized, and participants were advised to inform their group leaders if any member was not receiving government benefits so that they could access them. The session highlighted the significance of government services and official

documentation for every individual. Participants were also informed about panchayat funds allocation (5%), UDI cards for differently-abled persons, and monthly support of ₹1,000 provided to caregivers at home.

“Mahajothi Special Ability Meeting”

On 13th October 2025, Mr. Abhishek, a representative of ORBIT’s Navjeevan Live.Love.Laugh Foundation program, conducted a special awareness meeting for the Mahajothi group in Edlapur village of Bidar taluk. The meeting covered several topics, beginning with information about equality and rights. The importance of unity within the group was emphasized. Participants were advised to inform their group leaders if any member was not receiving government benefits so that they could access them. The session highlighted the importance of self-confidence and the significance of government services and official documentation for everyone. Information was also shared regarding the allocation of 5% of panchayat funds, which should be accessed first. For special-abled persons with UDI cards and over 75% disability, monthly support of ₹1,000 is provided to caregivers at home, and participants were encouraged to claim it. A total of eight people attended this meeting.



“DMHP Camp at Public Hospital”



On 14th October 2025, during the District Mental Health Program held at the Public Hospital in Bhalki Taluk, ORBIT representatives identified a total of 90 individuals with mental illnesses, referred them for treatment to psychiatrists, and provided necessary medications. Additionally, they were given health cards and information about other government facilities, ensuring access to these services.

“Training for Community Health Officers and ASHA Workers”

On 4th October 2025, at the Primary Health Centre in Naubad village of Bidar taluk, ORBIT, in collaboration with the Navjeevan Live.Love.Laugh Foundation, organized a partner training session for medical officers, community health officers, and ASHA workers. The session was conducted by ORBIT's community workers, Mrs. Priya and consultant Rupali, who provided information on mental health awareness programs, reducing the social stigma faced by individuals with mental illness, and promoting positive mental health practices within the community. The training emphasized the role of ASHA and rural rehabilitation workers in providing treatment and support to mentally ill individuals through collaborative efforts with organizations. Participants were also informed about utilizing health resources, including free diagnostic camps, counseling, and medication under the District Mental Health Program, participating in community mental health awareness programs, and offering supportive care to mentally ill individuals and their caregivers. A total of 18 participants, including medical officers, health officials, and ASHA workers, attended the training and received the information.



“Psycho-Social Education Training”



On 23rd October 2025, at the Primary Health Centre in Anandur village, Bidar district, ORBIT, in collaboration with the *Live.Love.Laugh Foundation*, organized a life skills training session conducted by Mrs. Rupali, a representative of ORBIT. The training focused on psycho-social education, which integrates both an individual's mind (psychology) and their relationship with society (sociology), aiming to develop emotions, behavior, self-confidence, social skills, and life values. Its objectives were to enhance mental strength, build self-confidence and self-

esteem, improve social skills, teach stress and crisis management, foster a positive outlook on life, and cultivate empathy and cooperation. Key aspects included self-awareness by recognizing one's emotions, strengths, and weaknesses; emotional intelligence to understand and respond to one's own and others' emotions; communication skills for effective speaking, listening, and sharing opinions; social skills for teamwork, conflict resolution, and building friendships; stress and crisis management to face life challenges with balance; and value education to promote morality, respect, empathy, and humanity. The expected outcomes were improved mental health, better interpersonal relationships, increased enthusiasm and capability for learning, creation of a peaceful and cooperative institutional environment, and development of confident and responsible citizens. A total of 35 to 40 beneficiaries actively participated in this training.

“DMHP Camp at Public Hospital”



On 7th October 2025, a DMHP (District Mental Health Program) camp was conducted at the Public Hospital in Basavakalyan taluk. Many individuals with mental health challenges participated in the camp and took steps toward improving their well-being. They were provided guidance on various methods to enhance their health, including anger management, the role of family, and several other related aspects.

“Mental Health Awareness Program at Aurad”



On 27th October 2025, a mental health awareness program was organized in Bonti village of Aurad taluk. Mr. Sunil, a representative of ORBIT and the *Live.Love.Laugh Foundation*, spoke about mental illnesses. The session began with an introduction to ORBIT, followed by information on what mental illness is, its symptoms, and types. It was explained that mental illness is a brain-related condition that can be treated effectively through proper medical care. Participants were advised to report any cases of mental illness they encounter at their workplaces or homes, and it was assured that the government provides free diagnosis and treatment for such individuals. For further information, people were encouraged to call 9036664271 for appropriate guidance. A total of 10 participants attended this mental health awareness program.

“Mental Health Awareness Program at Kamalnagar”

Mental health awareness program was organized in Lakshminagar village of Kamalnagar taluk under the joint auspices of ORBIT and the *Live.Love.Laugh Foundation*. Participants were informed that mental illness refers to abnormalities in a person's mind, emotions, thoughts, and behavior, which can be serious enough to affect daily life and therefore require caution. The program also explained that mental illness can arise from various causes, including chemical imbalances in the brain, congenital neurological disorders, and hormonal imbalances, traumatic experiences during childhood or later life, and lack of self-confidence. Participants were further informed that symptoms vary according to the type of mental illness. The awareness session concluded after providing detailed guidance on these aspects.



“Mental Health Awareness Program”



On 9th October 2025, a mental health awareness program was successfully conducted in Shamsharapurwadi village in collaboration with ORBIT and the *Navjeevan Live.Love.Laugh Foundation*. The program was inaugurated by Mr. Peter, a representative of the organization, who shared key points with the participants. He emphasized that health is not just physical well-being but also requires balance of the mind and relationships. Information was provided on depression, anxiety, and fear, the importance of early identification of mental health issues, and the necessity of timely professional treatment. Details about free diagnostic camps conducted at Bhalki Taluk Hospital were also shared. This program created new awareness about mental health among the villagers. A total of seven participants attended and shared their personal experiences.

“Wheelchair Provided to Babu Nursing”



Babu, a resident of Gaur Tanda village in Basavakalyan taluk, had been suffering from a respiratory disorder for about four years, which made walking and moving around very difficult for him. In response, Mr. Akash, a representative of the *Live.Love.Laugh Foundation* program, visited his home, assessed his condition, and provided him with a wheelchair from ORBIT. This gesture brought great joy to Babu, who expressed his heartfelt gratitude to the ORBIT organization.

“Seva Sangama Organization, Kalaburagi”

“Parents’ Meeting at Chetana Center”

On 10th October 2025, under the collaboration of Seva Sangam Organization and Azeem Premji, a parents’ meeting was held at the Chetana Center in Savalagi village as part of the Early Detection and Early Education Project. During the meeting, Lakshmi provided brief information to six parents about government facilities available for children with developmental delays, and how parents can make use of them. She specifically explained about the UDID Card, Niramaya Card, and how to utilize the 5% Panchayat fund for these children.



“Early Detection and Early Education Program”

On 28th October 2025, a program under the Early Detection and Early Education Project was organized at Sardar Vallabhai Patel High School, Shahbaznaka area, Kalaburagi city, in collaboration with Seva Sangam Organization and Azeem Premji Foundation. During the session, Mrs. Vijayalakshmi explained how to identify children with developmental delays from birth up to six years of age. She also described how activities can be provided to these children to promote positive changes. Children who do not exhibit age-appropriate movements or milestones were identified as special early intervention

children. The session also covered government facilities and support equipment available for such children. A total of 40 participants, including teachers and students, attended this program.

Nutritional Training for Pregnant Women”

On 11th October 2025, at the Anganwadi Center in Sardagi village, Kalaburagi district, a program on nutritious food for pregnant women was organized under the joint auspices of Seva Sangam Organization and Azeem Premji Foundation. Mrs. Dakshayani, a worker of Seva Sangam Organization, informed the participants about how pregnant women should consume nutritious food. She emphasized that consuming a balanced and healthy diet is essential for the proper health of the baby. Pregnant women were advised to eat raw vegetables, nutrient-rich grains, milk, and eggs, and to take extra care of their health particularly during the 3rd to 9th months of pregnancy. A total of 12 participants attended this program.



“Parents’ Meeting”

On 9th October 2025, a parents’ meeting was organized at Anganwadi Center 2, Ambika Nagar, Kalaburagi city, under the joint auspices of Seva Sangam Organization and Azeem Premji Foundation, Kalaburagi, as part of the Early Detection and Early Education Program. Anita, a worker of the program, informed the parents about government facilities available for children with developmental delays and explained the process for obtaining a Niramaya Card. The meeting was attended by Anganwadi worker Mrs. Annapurna, Ms. Anita, and 9 parents in total.



“Parents’ Meeting at Anganwadi Center”



On 21st October 2025, under the collaboration of Seva Sangam Organization and Azeem Premji Foundation, a parents’ meeting was held at the Sabiya Masjid Anganwadi Center in Kalaburagi city under the Early Detection and Early Education Program. The meeting focused on government facilities available for children with disabilities and educational opportunities for such children, including those recognized under the 2016 guidelines for children with disabilities. Discussions were held on how parents can collectively ensure access to these benefits. Mrs. Shivakant provided the information during the meeting. A total of 8 parents participated in the session.

“Caregivers’ Day Celebration at Chetana Center”

On 29th October 2025, under the collaboration of Seva Sangam Organization and Azeem Premji Foundation, a “Caregivers’ Day” celebration was organized at the Chetana Center in Kalaburagi city under the Early Detection and Early Education Program. Father Airan from St. Mary’s Church addressed the program, emphasizing that children with special needs should receive special care, a supportive environment, and loving attention. He highlighted that these children should also receive education just like other children. Mrs. Gayatri, District President of Arpita Foundation, spoke about the significance of caregivers in society. She noted that taking care of children with special needs is challenging, but caregivers earn respect in the community. She also informed participants about various government facilities available, urging collective efforts to access them. Mrs. Shweta Kulkarni, coordinator of Seva Sangam Organization, briefed parents about the caregiver allowance, which was introduced two years ago, including the required documents and the offices where applications can be submitted. Around 30 parents participated in the program. Mrs. Shivakant from Seva Sangam moderated the event, Miss Anita welcomed the participants, and Mrs. Vijayalakshmi delivered the vote of thanks.



“Sakhi Scheme Awareness Program”



On 14th October 2025, at the premises of Shri Mahalakshmi Temple in Bheemalli village, Kalaburagi Taluk, a program on the Sakhi Scheme was organized under the joint auspices of Seva Sangam Organization and the Department of Women and Child Development. Mrs. Prem, the legal advisor for the Sakhi Scheme, provided information about the program. She explained that the Sakhi Scheme offers multiple services under one roof, including counseling, legal advice, protection, and shelter for women affected by domestic violence. In this context, Mrs. Bharati, Gram Panchayat Development Officer, spoke about the challenges faced by rural women and emphasized that many women are unsure where to seek help. She said that

the Sakhi Scheme is a valuable opportunity for them to access support. She encouraged all women in the village to make use of this program effectively.

“Baby Screening at Kousina House”

On 6th October 2025, Seva Sangam and Azeem Premji Foundation conducted a baby screening session at Kousina House, Bheemalli village. Mrs. Lakshmi explained how to measure height and weight to identify children with developmental delays. 20 children participated.



“Healthy Life and Health Camp”



On 15th October 2025, a free health check-up and cancer screening camp was organized at Shri Mahalakshmi Temple, Bheemalli village, Kalaburagi Taluk, under the joint auspices of Seva Sangam Organization, Indian Cancer Society, and Gram Panchayat Bheemalli. The program was inaugurated and addressed by Mrs. Bharati, Panchayat Development Officer, who said, “Health is wealth. A person with good health is the wealthiest in the world. As the saying goes, ‘The one who can speak has no quarrels; the one who can eat has no disease.’ The food we consume should be nutritious to ensure good health. We should eat some fruits daily, and even minor health issues should be immediately

brought to a nearby doctor’s attention, because neglect could endanger our life in the future. Therefore, villagers should take full advantage of this free health camp and participate in large numbers.” Mrs. Shweta Kulkarni, Manager of Seva Sangam’s Early Detection and Early Education Program, spoke about the organization’s 18-year-long efforts in Kalaburagi district to improve the development and well-being of vulnerable and marginalized individuals. She highlighted Seva Sangam’s work in effectively implementing government programs and raising awareness about health among rural populations. Free health check-ups and cancer screenings are being organized at every Gram Panchayat with the support of local authorities to ensure accessibility to all villagers. The program platform included Mrs. Siddamma, President of Gram Panchayat Bheemalli, Mrs. Nagarathna, C.H.O, Mrs. Asha Jadhav, P.H.C.O, Savalagi, Mrs. Susmita, Medical Officer, and project coordinators from the Indian Cancer Society. The event was moderated by Mr. Rajkumar, welcomed by Mrs. Nandini, and the vote of thanks was given by Mrs. Lakshmi. More than 100 villagers participated in the camp and received their health check-ups.



“Awareness on Children with Developmental Delays”



On 14th October 2025, at Shri Mahalakshmi Temple in Bheemalli village, Kalaburagi Taluk, Mr. Rajkumar, a worker of the Early Detection and Early Education Program, provided information about children with developmental delays. He explained that for children aged 0 to 6 years, delays in developmental milestones can result in lags in cognitive, social, learning, physical, and language development relative to their age. He further stated that Seva Sangam Organization identifies

such children at an early stage and provides stimulating activities tailored to their developmental needs. He emphasized that if children with developmental delays do not receive these timely interventions, there is a risk that they may become children with permanent disabilities.

“Importance of Center-Based Activities – Parents’ Meeting”

On 13th October 2025, at the Chaitana Center in Kalaburagi city, a parents’ meeting was organized under the Early Detection and Early Education Program in collaboration with Seva Sangam Organization and the Azeem Premji Foundation. The meeting began with mutual introductions. Mrs. Shweta Kulkarni, Project Coordinator, addressed the parents about the main objectives of the meeting, the importance of center-based activities for children under 6 with developmental delays, the improvements observed in children who participate in more center-based activities, and the government facilities available for such children. All program staff and 9 parents participated in the meeting.





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Appeal

ಗುಲ್ಬರ್ಗಾ ಧರ್ಮ ಕ್ಷೇತ್ರವು ಉತ್ತರ ಕರ್ನಾಟಕದ ಹಿಂದುಳಿದ ಜಿಲ್ಲೆಗಳಾದ ಬೀದರ್, ಬಿಜಾಪುರ್, ಯಾದಗಿರಿ ಹಾಗೂ ಗುಲ್ಬರ್ಗಾ ಜಿಲ್ಲೆಗಳನ್ನು ಒಳಗೊಂಡಿದೆ. ಗುಲ್ಬರ್ಗಾ ಧರ್ಮಕ್ಷೇತ್ರವು ಉಗಮ ಆಗುವುದಕ್ಕಿಂತ ಮುಂಚೆ ಮಂಗಳೂರು ಧರ್ಮಕ್ಷೇತ್ರದಿಂದ ಗುರುಗಳು ಹಾಗೂ ಕನ್ಯಾ ಭಗಿನಿಯರು ಬೀದರ್ ಜಿಲ್ಲೆಯ ಸರ್ವತೋಮುಖ ಬೆಳವಣಿಗೆಗಾಗಿ ಶ್ರಮಿಸಿದ್ದಾರೆ. ಆರ್ಬಿಎಸ್ ಸಮಾಜ ಸೇವಾ ಸಂಸ್ಥೆಯ ಮುಖಾಂತರ 1993 ರಿಂದ ಆರೋಗ್ಯ, ಶಿಕ್ಷಣ, ಮಹಿಳಾ ಸಬಲೀಕರಣ, ಅಂಗವಿಕಲರ ಸಬಲೀಕರಣ ಹಾಗೂ ನಿರ್ಗತಿಕರಿಗೆ ಆಸರೆ ಒದಗಿಸುವ ಕೆಲಸವನ್ನು ಮಾಡಿದ್ದಾರೆ. ಹಾಗೆ 2005ನೇ ಇಸವಿಯಲ್ಲಿ ಗುಲ್ಬರ್ಗಾ ಧರ್ಮಕ್ಷೇತ್ರ ಉಗಮವಾದಾಗಿನಿಂದ ಈ ಸಮಾಜ ಸೇವಾ ಕೆಲಸವನ್ನು ನಾಲ್ಕು ಜಿಲ್ಲೆಗಳಲ್ಲಿ ಕೈಗೊಳ್ಳಲಾಯಿತು. ಸೇವಾ ಸಂಗಮ ಹಾಗೂ ಆರ್ಬಿಎಸ್ ಸಂಸ್ಥೆಗಳ ಮುಖಾಂತರ ಮಹಿಳಾ ಸಬಲೀಕರಣ, ಮಕ್ಕಳ ಶಿಕ್ಷಣ, ಅಂಗವಿಕಲರ ಕಾರ್ಯಕ್ರಮ, ಪರಿಸರ ಸಂರಕ್ಷಣೆ, ನಿರುದ್ಯೋಗಿಗಳಿಗೆ ಕೌಶಲ್ಯ ತರಬೇತಿ, ಮಾನಸಿಕ ಅಸ್ವಸ್ಥರಿಗೆ ಪುನರ್ವಸತಿ, ಎಂಟು ವರ್ಷಕ್ಕಿಂತ ಕೆಳಗಿನ ಬೆಳವಣಿಗೆಯಲ್ಲಿ ಕುರಿತ ಹೊಂದಿದ ಮಕ್ಕಳಿಗೆ ಚಿಕಿತ್ಸೆ, ನೈಸರ್ಗಿಕ ವಿಪತ್ತು ನಿವಾರಣೆ, ಕ್ಯಾನ್ಸರ್ ಜಾಗೃತಿ ಆಂದೋಲನ, ಹೀಗೆ ಸಮಾಜದಿಂದ ಹಂಚಿಕೆ ತಳ್ಳಲ್ಪಟ್ಟ ಜನರಿಗೆ ಪುನರ್ವಸತಿ ನೀಡುವ ಕೆಲಸವನ್ನು ಈ ಎರಡು ಸಂಸ್ಥೆಗಳು ಮಾಡುತ್ತಿವೆ. ಹಲವಾರು ಕಾರ್ಯಕ್ರಮಗಳ ಮುಖಾಂತರ ನಮ್ಮ ಎರಡು ಸಂಸ್ಥೆಗಳು ಬಡವರಿಗೆ, ನಿರ್ಗತಿಕರಿಗೆ, ಶೋಷಿತರಿಗೆ, ಹಾಗೂ ವಿವಿಧ ಶೋಷಣೆಗಳಿಗೆ ಒಳಗಾದ ಜನರಿಗೆ ಸ್ಪೂರ್ತಿ, ಶಕ್ತಿ, ಹಾಗೂ ಜೀವನವನ್ನು ತುಂಬುತ್ತವೆ. ಈ ಸೇವೆಗಳನ್ನು ಹೆಚ್ಚು ಜನರಿಗೆ ತಲುಪಿಸಲು, ನಿಮ್ಮ ಸಹಾಯ ಹಸ್ತವನ್ನು ಹಾಗೂ ನಮ್ಮೊಂದಿಗೆ ಸೇರಿ ಸುಂದರ ಸಮಾಜವನ್ನು ಕಟ್ಟಲು ನಿಮ್ಮ ನೆರವನ್ನು ಅಪೇಕ್ಷಿಸುತ್ತೇವೆ. ಬನ್ನಿ ಉತ್ತಮ ಸಮಾಜವನ್ನು ಕಟ್ಟೋಣ.



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